



In Memoriam and Planned Giving



April 2026

www.sfvhfoundation.com

St. Francis Valley Healthcare Foundation

Make a Lasting Impact on Local Healthcare

Access to quality healthcare close to home is essential for everyone. St. Francis Memorial Hospital, Valley Manor, and Madawaska Valley Hospice Palliative Care work together to provide a full range of care - from inpatient and outpatient services to long-term and end-of-life care.

The St. Francis Valley Healthcare Foundation serves as a bridge between generous donors and these vital care providers, raising funds to support essential equipment, capital projects, services, and programs.

When you leave a gift in your will or dedicate an In Memoriam donation to the Foundation, you are helping to shape the future of local healthcare. Legacy gifts like these ensure that our hospitals, hospice, and long-term care facilities have the resources they need, when they need them most, and for years to come.



Cathy Yantha stands with the duck element in memory of her husband, Doc Yantha.

Celebrate a Life, Support Care at St. Francis Memorial Hospital

During visits to the emergency department, Cathy and her husband Doc Yantha would often linger at the hospital's tribute murals, reading the names and recalling people whose lives had touched theirs.

“We always found it interesting,” she said.

Among these murals, the newest, the In Memory Mural, continues the tradition in a meaningful way. It quietly tells the stories of people who have touched the community. But it does more than preserve memories: through the St. Francis Valley Healthcare Foundation, donations made in memory of loved ones can be put toward the purchase of a mural element, helping fund medical equipment used every day at the hospital. In this way, each tribute continues to make a difference for patients and families in the community.



Pat Yantha, Doreen Gutoskie, Cathy Yantha, Tony Yantha and Ronnie Gutoskie attended the installation of Doc's element on the In Memory Mural.

When Doc passed away in March 2025 at the age of 79, those familiar walls became a natural place for remembrance. Cathy and her family chose to add a duck element to the In Memory Mural, with the support of donations made in Doc's name to the St. Francis Valley Healthcare Foundation. The element now sits among many others on the wall, honoring a man well known across the Ottawa Valley.

Seeing Doc's duck in place brings a mix of emotions.

"Sadness," Cathy said. "But also memories."

Doc was one of three brothers who owned and operated Barry's Bay Dairy, delivering dairy products and ice to stores across the region for decades. Known for his strong work ethic, generosity, and easy rapport with customers, he built long-standing relationships with local



Tony Yantha with his brother's element on the In Memory Mural.



store owners and became a familiar face throughout Renfrew County. That dedication to hard work has been passed down to his children, leaving a legacy his family continues to carry forward.

But the tribute on the mural is about more than remembering Doc's life. For Cathy, it is also about giving back to the hospital that serves the community. Donations like those made in Doc's name help fund the purchase of medical equipment, allowing the memory of a loved one to continue making a difference for others. Cathy also appreciates that the mural naturally becomes a place where stories are shared.

"It's almost like a little memorial," she said. "People come in while they're waiting, and they stand there and read all the names. They remember them and share stories."

The Yantha family chose the duck element partly because it stands out among the mural's designs and for its symbolism.

"He's leading the flock," Cathy said with a smile.

Now, the duck serves as a lasting tribute to a man remembered by many, and as part of a mural that continues to honour lives while helping support patient care at St. Francis Memorial Hospital.

Sample wording for obituaries

If you are preparing an obituary and would like to guide friends and family who wish to make a donation in your loved one's memory, you may consider using one of the following phrases:

- In lieu of flowers, the family invites contributions to the St. Francis Valley Healthcare Foundation, supporting [St. Francis Memorial Hospital / Valley Manor / MV Hospice Palliative Care].
- In remembrance of [Loved One's Name], gifts to the St. Francis Valley Healthcare Foundation would be deeply appreciated.

Give a gift in your will

Your generosity can support healthcare in our community for generations to come. By including the St. Francis Valley Healthcare Foundation in your will, you create a meaningful legacy that benefits your loved ones while strengthening the care available to your friends and neighbors. Planned gifts of any size make a real difference and may also provide tax advantages for your estate.

If you decide to make a gift, you can share the following sample wording with your lawyer:

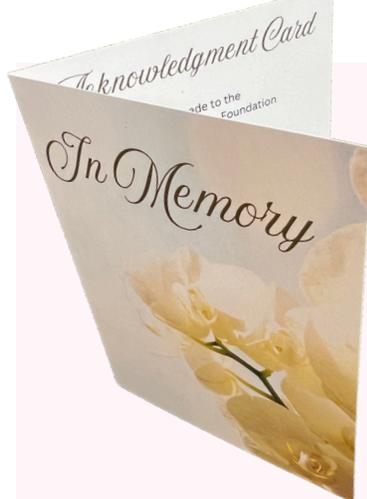
Suggested wording for your will:

I direct my trustee(s) to pay to the St. Francis Valley Healthcare Foundation, Barry's Bay, Ont., the sum of \$_____, or ___% of my estate, or the gift of _____, to be applied as determined by the SFVH Foundation.

Legal name: St. Francis Valley Healthcare Foundation

Charitable Number: 89453 4817 RR0001

Address: 7 St. Francis Memorial Drive, P.O. Box 129, Barry's Bay, Ont. K0J 1B0



How to make an In Memoriam donation

If you want a unique way to honour a loved one while remaining connected with family and friends, consider making an In Memoriam donation in a loved one's name to the St. Francis Valley Healthcare Foundation. With your kind gift, not only will you be helping to support local healthcare, the Foundation will send an In Memoriam card to a family member to acknowledge the donation. These cards are a perfect way to show that you are thinking of them.

How to make a planned gift

There are many different ways to make a planned gift in your will to the St. Francis Valley Healthcare Foundation, including:

Charitable Will Bequests: Allows you to make a major charitable contribution which may not be possible to make during your lifetime. All it takes is a simple sentence or two in your will.

Gift of Securities: Leave a lasting legacy in your will by leaving shares, stocks or securities to the Foundation. Contact the Foundation for the necessary form.

Retirement funds: When you include St. Francis Valley Healthcare Foundation as a beneficiary of your RRSP or RRIF, you can ensure your loved ones are still cared for while providing a donation to the Foundation.

Life Insurance: Did you know you could name St. Francis Valley Healthcare Foundation as a beneficiary of your life insurance policy? Your estate will also receive a charitable tax receipt.

St. Francis Valley Healthcare Foundation is grateful to have received In Memoriam donations that supported the Hospital, MV Hospice Palliative Care and Valley Manor in Honour of the following individuals in 2025:

Allman	<i>James</i>	Gilbert	<i>Sylvain</i>	Marquardt	<i>Donna</i>	Sutherland	<i>Bette</i>
Baragar	<i>David</i>	Glab	<i>Kaitlyn</i>	Marquardt	<i>Lawrence</i>	Teramoto	<i>Sho</i>
Bleskie	<i>Bernice</i>	Gutoskie	<i>Bridget</i>	Mask	<i>Irene</i>	Towns	<i>Shirley</i>
Boland	<i>Linda</i>	Hass	<i>Marion</i>	Mask Brown	<i>Patsy</i>	Trader	<i>Leonard</i>
Bryce	<i>Tom</i>	Hildebrandt	<i>John</i>	Matcheskie	<i>Marlene</i>	Villeneuve	<i>Alfred</i>
Buelow	<i>Shannon</i>	Hildebrandt	<i>Ross</i>	McGrath	<i>Conway</i>	Villeneuve	<i>Lorraine</i>
Byers	<i>Elizabeth</i>	Hoff	<i>Bill</i>	McIntyre	<i>Carrie</i>	Visneskie	<i>Darcy</i>
Caesar	<i>Deborah</i>	Holstein	<i>Gertrude</i>	Murack	<i>Ronald</i>	Weckworth	<i>Patti</i>
Cashubec-Clouthier	<i>Maureen</i>	Hopper	<i>Deborah</i>	Nieman	<i>Anne</i>	Willmer	<i>Mark</i>
Chapeskie	<i>Clifford</i>	Howard	<i>Margaret</i>	Norlock	<i>Helen</i>	Wodzak	<i>Ivan</i>
Chapeskie	<i>Teresa</i>	Hudson	<i>Michael Alexander</i>	Oates	<i>Donald E.</i>	Wolvin	<i>Ken</i>
Cicchelli	<i>Anna</i>	Jennings	<i>Linda</i>	Olsheskie	<i>Ronald Allen</i>	Wood	<i>Lynn</i>
Cochrane	<i>Linda</i>	Kaiser	<i>Linda</i>	O'Malley	<i>Shaun</i>	Yakabuskie	<i>Catherine</i>
Coulas	<i>Alicia</i>	Kargus	<i>Wallace</i>	O'Neil	<i>Ken</i>	Yantha	<i>Carmel</i>
Coulas	<i>Bonnie</i>	Kedroskie	<i>Kenny</i>	O'Reilly	<i>Veronica</i>	Yantha	<i>Edward</i>
Coulas	<i>Edna</i>	Keetch	<i>Brian</i>	Palbiski	<i>Clover</i>	Yantha	<i>Sylvester "Doc"</i>
Coulas	<i>Reverend Mervin</i>	Kelly	<i>Chris</i>	Parisien	<i>Brad</i>	Yaskolskie	<i>Theresa</i>
Coulas	<i>Theresa</i>	Kelly	<i>Mary Margaret</i>	Peplinskie	<i>Florence</i>	Young	<i>Kevin A.</i>
Cybulski	<i>Albert</i>	Knock	<i>Norman</i>	Pinkney	<i>Bruce</i>	Zawidzki	<i>Dr. Tadeusz</i>
Cybulskie	<i>Cliff</i>	Koelch	<i>Michael</i>	Prince	<i>Julia</i>		
D'Andrade	<i>Debbie</i>	Kosinski	<i>Zosia</i>	Quinton	<i>George</i>		
Dombroskie	<i>Barbara</i>	Krieger	<i>Evaliene Marjorie</i>	Reynolds	<i>Gerard</i>		
Dombroskie	<i>Raymond</i>	Kuiack	<i>Barbara</i>	Richard	<i>Leonard</i>		
Dombroskie	<i>Richard</i>	Landon	<i>Marie</i>	Richard	<i>Margaret</i>		
Dudack	<i>Ernie</i>	Lapenski	<i>Vera</i>	Richards	<i>Maria</i>		
Dufresne	<i>Margaret Mary</i>	Laschiazza	<i>Dianne</i>	Roach	<i>Helen</i>		
Dunlop	<i>Doreen</i>	Lavalley	<i>Raymond</i>	Robinson	<i>Bobby</i>		
Dupuis	<i>Wayne</i>	Layman	<i>Kirk</i>	Royle	<i>Pauline (Nancy)</i>		
Edwards	<i>Norman</i>	Lee	<i>Jessica</i>	Savage	<i>Marlene</i>		
Elie	<i>Ralph</i>	Lehovitch	<i>Benedict</i>	Schweig	<i>David</i>		
Elsie Lang	<i>Eileen</i>	Lepinskie	<i>Lucille</i>	Sharp	<i>Sandra</i>		
Fabian	<i>Colin</i>	Lowell	<i>Mary</i>	Smaglinski	<i>Thomas</i>		
Felhaber	<i>Terrie</i>	Luckovitch	<i>Henry</i>	Smaglinskie	<i>Diane</i>		
Fleguel	<i>Desmond</i>	Maika	<i>Joseph "Bud"</i>	Spence	<i>Tessie</i>		
Flood	<i>Delores</i>	Marleau	<i>Jason</i>	Surnoskie	<i>Patrick</i>		



How to contact the Foundation



7 St. Francis Memorial Dr.
Barry's Bay, ON KOJ 1B0



613-756-3045 ext. 217



office@sfvhfoundation.com



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ST. FRANCIS
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Advancing local healthcare in our community

St Francis Memorial Hospital - Valley Manor - MV Hospice Palliative Care